

**LISTENING EXERCISE 2**  
**I HEAR MUSIC: A LISTENING DIARY**

**Step 1.** Choose two days in which to fill out the listening diary. Pick two days when you're likely to be out and about. If possible, pick two consecutive days. Add more "rows" to the charts if you need them.

**Step 2.** Estimate how many times you think you are likely to hear music during the selected day. Try to foresee the circumstances.

**Step 3.** Record every time you hear music of any kind. Use the sample chart below to get started. Either fill out the chart as the day goes on, or make notes and fill it out at the end of the day. Try to make the information as complete as possible. Make certain you record whether the "music" was heard voluntarily or involuntarily (if you prefer, use the terms *passive* and *active*).

**Step 4.** In essay or chart form, analyze what role music has played in the day's routine. How much of the "hearing" was voluntary and how much was involuntary? What was its affect? Was any of the music annoying or pleasing? Was there music you wouldn't have noticed had you not been conducting this survey?

*SAMPLE CHART*

NATURE OF MUSIC	WHEN/WHERE HEARD	METHOD OF DELIVERY	VOLUNTARY OR INVOLUNTARY	AFFECT ON YOU?
<i>1/3 of a pop song</i>	Monday morning, through the wall of my sister's room before breakfast	Electronic: radio	Involuntary (passive)	Annoying
Some kind of fancy, quiet classical music	Monday, lunchtime, while I was on hold with T-Mobile trying to ask a question about my cell phone	Electronic: Cell phone	Involuntary (passive)	Kind of pretty at first, but then I was frustrated hearing it, because I waited so long.
Songs from <i>High School Musical</i> show	Monday afternoon, on school bus while we were coming back from our volleyball game	Live (I'm not sure I'd call it a performance, but it was fun!)	Voluntary (active)	Drove the bus driver crazy.

